

OUTLOOK

PASS—Plans for Achieving Self-Support

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**A Newsletter from
Pacific Co. Health
& Human Services
Dept.**

Editor:
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Points of interest:

- PASS
- Interview: Ellen Schlarbaum
- Social Rec Activities

Coming Next Issue:

- (IRWE) Impairment
Related Work Expense

What is PASS?

When thinking about Social Security (SSI) benefits, a PASS is a type of work incentive. A PASS plan allows an individual with a disability the opportunity to set aside income and/or resources to meet a specific occupational goal.

How Does a PASS work?

An approved PASS plan allows an individual on SSI to shelter income and/or resources that would otherwise reduce the amount of their SSI check. This income/resources can be used to help the person meet an occupational goal, moving toward becoming self supporting. PASS plans can be used for education, training, business development, work expenses, job coaching, transportation, etc.

How do I get a PASS plan approved?

A PASS plan must:

- Increase the person's self-support/self-reliance and decrease reliance on the Social Security system.
- Be designed specific to the individuals goals, abilities and circumstances.
- Be in writing
- Have a specific work goal that the person is capable of performing.
- Have a specific time frame for reaching the goal, as well as short-term goals.
- Show how the money/resources received will be used to reach the goal.
- Show how the money set aside will remain identifiable from other funds.
- Be reviewed periodically to assure compliance.

How Long Can a PASS plan last?

A PASS can be written for 18 months initially, with reviews every 6 mo. An 18-mo. extension may be granted if the plan warrants. An additional 12 month extension may be granted for PASS's involving school/training.

What Can Be Paid for Through a PASS?

Any expense necessary to meet a vocational goal can be paid through a PASS, it does not have to be disability related. It does, however, need to clearly relate to the goal. Examples: tuition, books, room & board, child care, tools, uniforms, transportation costs, permits/licenses, etc.

Who do I contact about a PASS plan?

For additional questions or interest in writing a PASS plan, contact Tara Finch at (360)642-9349 or Judy Jones at (360)875-9343 .

Helpful websites about PASS plans: <http://www.PassPlan.org>
<http://www.passonline.org>



“Our lives our not determined by what happens to us but by how we react to what happens, not by what life brings to us, but by the attitude we bring to life. A positive attitude causes a chain reaction of positive thoughts, events, and outcomes. It is a catalyst, a spark that creates extraordinary results.” — **Anonymous**

Group Supported Employment: Interview: Ellen Schlarbaum, Crew Member Long Beach, WA

Interview by: Sarah Raaymakers

How long have you worked on the crew?

6 months.

What are your hours?

Monday, Wednesday, and Thursday 9:00 am until 2:00pm.

What job do you like best?

Washing windows and I like my boss Patrick.

How do you get to work?

The Dial-a- Ride.

What is your favorite business to clean?

The Fire Hall in Long Beach.

What are your hobbies?

Swimming

Who is your best friend?

Christen who is a co-worker.

What are some of your favorite things?

Pizza, Easter because we go to church, the movie Alice in Wonderland, my friendships with co-workers.

What else would you like to share?

I like living at the Little Yellow House, we go shopping together.

What are your plans for the summer?

I am looking forward to going to Camp Hope in August. I really enjoy the crafts and swimming.



Ellen loves to bowl at our bowling event sat the Hilltop Bowl.

SOCIAL RECREATION ACTIVITIES

Let's Go to the Movies

Movie: *How to Train a Dragon*

Location: Raymond Theatre

Address: 323 1/2 Third St.

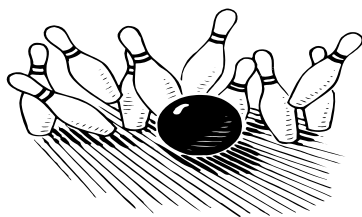
Date: April 19, 2010

Time: 1:00-3:00 PM



Call Melissa if want to attend. 875-9343 / 642-9349

Please bring money for movie/concessions.
Attendees are welcome to bring their own snacks.



Bowling & Lunch

Hilltop Bowl

**May 10, 2010
10:00 - 12:30PM**

Contact Melissa by May 7th if you plan to attend.
875-9343 / 642-9349

Participants are responsible for lunch & bowling
(Approx. \$8.00 for bowling, shoes & lunch).

Hilltop Bowl— March 8th Highest Scores

Highest Overall Score (Game 1 & 2)

Cathy Nygaard—130 /118

Game #1— 2nd Highest Score

Dylan Kary —112 points

Game #2—2nd Highest Score

Robin Twining—107 points

Family Health Hotline: 1(800)322-2588 This is a Great Resource!

- Get information and eligibility requirements for WIC, free and low cost health insurance programs for children & pregnant women (Medicaid), Basic Food (Food Stamps), and birth control (Take Charge).
- You can begin the application for Medicaid & Basic Food over the phone!
- Update mailing records
- Get referrals to resources: sliding fee scale clinics, immunization clinics, services for special needs children, places to get pregnancy/baby supplies, maternal support services, food banks, etc..

Family Health Hotline is available - Mon.-Thurs. 8-5:30; and Fri. 8-5 with bilingual Spanish-speaking staff available. Other languages are served using the AT&T Language Line.